

**Nazareth Regional High School  
Admission/Athletic Medical**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date Of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Parent/Guardian: \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
 Other emergency contact name: \_\_\_\_\_ Phone # \_\_\_\_\_ Sport(s): \_\_\_\_\_

**To be completed by Physician:**

**Health History: (please explain any "yes" answers)**

	Yes	No		Yes	No
Allergies			Concussion/Head injury		
Anaphylaxis- epi-pen			Diabetes		
Asthma			Fainting		
Blood Disorder			Hearing Loss		
Cardiac			Kidney/Genito-Urinary		
-family history of sudden death before age 35			Menstrual Problems LMP_____		
-fainting/dizzy during exercise			Testicular Problems/Hernia		
-chest pain, severe shortness of breath, fatigue during exercise			Migraines		
(please note: if any of the above are marked "yes", a cardiology clearance is required)			Neurological		
Wears glasses/contacts			Mental Health Issues		
Braces			Nose Bleeds/Sinus		
Protective Equipment (goggles, mouth guard)			Seizures		
Presently taking Medication			Previous Injuries		
Orthopedic Problems			Past Hospitalization		
Chronic Medical Conditions			Past Surgery		

**Comments on any marked "yes":** \_\_\_\_\_

**Physical Exam**

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Pulse \_\_\_\_\_

	Normal	Comment/Follow-up		Normal	Comment/Follow-up
General Condition			Gastro Intestinal		
Skin			Lungs		
Ears			Genito-Urinary		
Eyes			Neurological		
Nose			Musculoskeletal		
Throat			Spinal		
Mouth/Dental			Nutritional Status		
Cardiovascular			Mental Health		



<b>SCREENING:</b>	Date	Results	Chest X-Ray (If Pos.)	<b>VISION:</b>	Right ____/____	<b>HEARING:</b>	
TB: PPD	____	____	____		Left ____/____	Right - Pass	Fail
Hct: _____			Hgb: _____		Both ____/____	Left - Pass	Fail

**Immunization History**

DPT/DTaP or DT or Td	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____
IPV/OPV	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____
Hepatitis B	____/____/____	____/____/____	____/____/____		
HIB	____/____/____	____/____/____	____/____/____	Meningococcal	____/____/____
MMR	____/____/____	____/____/____	____/____/____		
VZV	____/____/____	____/____/____	Tdap ____/____/____		
Other	____/____/____	____/____/____			

Additional Comments: \_\_\_\_\_

Restrictions, limitations or special alerts that would interfere with students participation in sports/gym: \_\_\_\_\_

I certify that I have examined the above named student and have obtained a health history from the parent and student. I find that he/she is physically fit and able to participate in competitive/contact sports at the high school level without restrictions, unless noted above.

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Address

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of Exam:

\_\_\_\_\_  
Phone Number

**PHYSICIAN'S STAMP**