The Excalibur

The Online Nazareth RHS Student Newspaper



The Election Show Down

By: Gama Droiville

We have made it! Americans have spoken. We had Democratic Candidate Hillary Clinton and Republican Candidate Donald Trump. With the campaign season over, President-elect Trump has to work to unite this divided country, after a brutal and long campaign. This, of course, is not going to be easy for Trump because many thought he was going to lose. Many people are still trying to figure out how he won. Many thought Hillary Clinton was going to win the Presidency. Even the polls had predicted a Clinton Presidency. Well, let me explain to you what happened. During elections there is something called the popular vote and electoral vote. The electoral vote is what you need to look at. You need 270 electoral votes to win the election. 270 is the magic

number. Donald Trump won more than 270 electoral votes, which elected him.

Meanwhile, Hillary Clinton won the popular vote. The popular vote simply means an aggregate of all voters from all states in America. In other words, Hillary won the votes nationwide. But, the popular vote in America doesn't elect the presidents.

According to NBC News/SurveyMonkey Weekly Election Tracking Poll, Hillary Clinton had a 6point lead, nationally. With Donald Trump having 41% of the vote and Hillary Clinton having 47% of the vote. Apparently, America chose to take a different path. Whether we like the results of this election or not, just know the citizens of this country put him in that position. Let's come together not as one united Republican or one

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Have a happy
Thanksgiving from the
Excalibur staff!



- Upcoming 2016 Events -

11/24-11/27 Thanksgiving Break 11/29-12/2 Middle States Reaccreditation Visit 12/7 Fine Arts Winter Program 12/21 Winter Ball 12/22 Christmas Mass & Show 12/23-1/2 Christmas Break

united Democrat or one united ethnicity or one united religion, but as one UNITED STATES OF AMERICA! Let us move forward for the sake of this country's future and for our kids futures.

Childhood Obesity – The Facts by Isaiah Clarke

Childhood obesity is a serious thing happening in society now. Many parents and guardians look over the fact that many children or teenagers are obese. They ignore it to the point when the associated medical conditions can be devastating. Diabetes is one of the most prevalent examples. This is the result of too much sugar intake, very often by drinking too much soda or highly sugared juice.

According to the Center for Disease Control's website, the percentage of children aged 6–11 years in the United States who were obese increased from 7% in 1980 to nearly 20% in 2016. Similarly, the percentage of adolescents aged 12–19 years who were obese increased from 5% to nearly 21% over the same period.

From these facts, you can see that childhood obesity is a rising issue. To help improve this issue, Nazareth Regional High School has recently switched its lunch options to more healthier, but still delicious meals. If we can show children that healthier alternatives exist, then we can make a big difference in the fight against childhood obesity.





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Movie Review: Sully

By: Aaron Orjiugo

Sully was released September 2016, is directed by Clint Eastwood and stars Tom Hanks and Aaron Eckhart. The film Sully follows pilot and first officer on Flight 1549. Not only does it show Captain Sullenberger and the First Officer Jeffrey Skiles and their heroic act, but it also shows their struggles through and after the crash. The film accomplished what it was made to do. To inform the public. This movie, coming from a great director then and now brings memories of a time. I would say simpler time, but this movie shows that right now is the simpler time.

It's quite a shame that in a world riddled with the phrase, "too long" when it comes to criticizing films is used too often. This movie doesn't need slow motion or explosions or incredibly simplified zombie plot, along with basic character development.



Director Clint Eastwood and actor Tom Hanks share a moment on set.

Sully also gives a lesson of hypocrisy. Throughout movie it becomes increasingly unbelievable. Since all eyes were on the crash, no one cared that much about the scenario post crash. I would have liked to have seen more attention paid to the plot development of the story postcrash. Overall however, would say it deserves it's 82% rating on Rotten Tomatoes, perhaps it possibly even deserves more. would recommend the movie anyone.







Visit our website at:

http://www.nazarethrhs.org

Op Ed: Hillary Looked Closer to Passing Out than Winning the Election

By: Anne Lebrun

Ok, so the first question would be, how sick was Hillary during the election? I'd say really sick, because she couldn't even stand straight at times. There's this really interesting theory going around. People didn't want to vote for Bernie Sanders because he was too old and looked like he was too unfit to be president. Meanwhile everyone was soooooo excited that a woman was running. Every one ignored the fact that she was actually the one who seemed unfit at times.

If elected, Hillary would have been the oldest elected president in history. Her health has come under public scrutiny for a while now. Hillary has a medical history of minor seizures, and was seen woozy and on the verge of passing out while battling pneumonia during a 9/11 tribute in New York City. This event caused a media backlash into questioning whether Hillary was fit enough to be president, and deal with the pressure and stresses that come along with being the "leader of the free world." I personally had my doubts after this episode. My question is, were these questions about her health a sign that she would eventually lose the election to Donald Trump?



Despite being favored in the polls, Hillary Clinton lost the presidential election to Donald Trump.



2016 Electoral College Results Map* Trump: 290 electoral votes Clinton: 232 electoral votes

*Michigan has yet to declare a winner for the state. Trump has a narrow advantage.

All I'm saying is that I would have been embarrassed if I lost to a person who looked just as shocked at winning as he did when the camera's were on him. Seriously, did you see Trump's face? He looked like he got that small loan of million dollars from his father times another million. Honestly, I think she should throw in the towel. First she loses in 2008 to Barack Obama, which was fair. Then she tries again, this time actually making it further into the race than the last she went for it. Then what happens? She loses. But to make matters worse, she lost to Donald Trump. How does someone who has the most experience in running a country lose to a person who has no experience? I find it hard to believe. That just shows you that some people in America need a reality check.

Tech Review: Google Chromebook

By: Kai Wilson

This year at Nazareth Regional High School, students were given the gifts of Samsung Chromebooks which are amazing! Fast, reliable, lightweight, and extremely easy to use, it's the ideal laptop for any student. With everything connected to Google, teachers and students can have their work done with ease. Tools like Google Classroom give students the ability to complete their work easily and hand it in without the hassle of losing papers or the assignments being ripped. On the downside, students don't really have the ability to have much leisure time on said Chromebooks. It's more of a schoolfriendly machine, than a regular computer, but that doesn't stop it from being a great machine. In my experiences with this laptop, I've yet to have any problems. In the last school that I went to, we had Chromebooks before but it was a different model. It was a Lenovo ThinkPad Chromebook which was fine. The only difference was the screen and the hardware included. In conclusion, the Samsung Chromebook is a wonderful laptop to use. I rate it a 4.7/5



Every student at Nazareth received a brand new Chromebook at the beginning of the 2016-17 school year.

Tech Noise: YouTube Drama



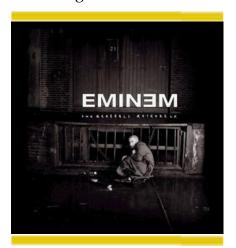
By: Ojee Voltaire

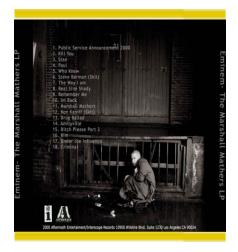
From the start of the summer of 2016, drama has been on the rise. This drama has led to many mainstay YouTubers quitting YouTube, like Gudjondaniel and Sausage. People blame the sudden influx of drama on YouTube channels like "Drama Alert" and "Scarce," which report on the drama and sleazy actions between YouTubers. These "news" channels claim that the drama has always been there and all they are doing is reporting on it and making it known to the world like how CNN and Fox News do it. The only difference is that channels like "Drama Alert" and "Scarce" report on the happenings on YouTube. The thing that these "news" channels don't understand is that they are not professionals and if they get a story wrong, they can cripple someone's YouTube channel. We have seen this happen on Drama Alert many times. One example being when they accused another YouTuber, Pyrocynical, of being a pedophile even though it was proven that he wasn't. "Drama Alert" falsely accused an innocent man of being a pedophile because of false information that they chose to rely on and without doing any proper research. They publicly apologized for the whole event, but it was too late, the damage was done.

Album Review: Marshall Mathers LP

By: Winnie Pierre-Louis

Marshall Mathers LP is Eminem's third album, which was released on May 23, 2000. In the album, it talks about his rise to fame and controversy. In one of the songs featured in the album called "Stan," it tells us about a fan who is obsessed with him and is constantly sending Eminem letters. Stan even has a room filled with Eminem's posters, he also dyed his hair to blonde, which was Eminem's hair color at the time. Stan ended up committing suicide because he thought Eminem was ignoring him. Eminem reads Stan's letter and begins responding to his letter but then later figures out that it was Stan who he heard about on the news.





The album really explains what Eminem went through while becoming more and more famous. He had a hard life growing up on the streets of Detroit, and this album really goes into that checkered past. I love this album and how the songs explain his rise to stardom. I've listen to his other albums but I really enjoyed listening to Marshall Mathers LP. I recommend this to all the Eminem fans and to the people who want to know more about Eminem.

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Middle States Reaccreditation Visit

By: Mr. Bryer

Directly following Thanksgiving vacation, years of hard work and dedication will be culminating in the visit of the Middle States Association of Colleges and Schools - Commissions on Elementary and Secondary Schools to Nazareth Regional High School. Middle States, as it's more commonly know as, is an independent accrediting board which closely examines all aspects of how the school is run. As seen on their website, "the Commissions on Elementary and Secondary Schools accredit early-childhood through post-secondary, non-degree granting public, private, faith-based educational institutions including special purpose schools, supplementary education centers, learning services providers, and distance education institutions." Everybody from the Board of Directors, to the administration, to the teachers, parents and students will be interviewed and observed over the three day period of time.



For almost two years, members of the Nazareth community, spearheaded by Mrs. Quiles and Mrs. Roberts, have been closely analyzing, modifying and improving all aspects of the school culture. Information about everything from the mission/belief statements, to the curricula of every subject, to the logistical/fiscal functions in the building has been compiled as a method of selfreflection with the ultimate goal of bettering the school environment for the future and gaining the prestigious accreditation that Middle States provides.

A five member panel will be arriving Tuesday, November 29, 2016 and departing Friday, December 2, 2016. See Mrs. Quiles or Ms. Roberts for further information or questions.



Middle States Association of Colleges and Schools Commissions on Elementary and Secondary Schools



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